

## Readings — August 9, 2015

### First Reading: 1 Kings 19:4-8

<sup>4</sup> [Elijah] went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors."<sup>5</sup> Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."<sup>6</sup> He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again.<sup>7</sup> The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."<sup>8</sup> He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God

### Psalm 34:1-8

<sup>1</sup> I will bless the LORD | at all times;  
the praise of God shall ever be | in my mouth.

<sup>2</sup> **I will glory | in the LORD;**  
**let the lowly hear | and rejoice.**

<sup>3</sup> Proclaim with me the greatness | of the LORD;  
let us exalt God's | name together.

<sup>4</sup> **I sought the LORD, who | answered me**  
**and delivered me from | all my terrors.**

<sup>5</sup> Look upon the LORD | and be radiant,  
and let not your faces | be ashamed.

<sup>6</sup> **I called in my affliction, and | the LORD heard me**  
**and saved me from | all my troubles.**

<sup>7</sup> The angel of the LORD encamps around those who | fear the LORD  
and de- | livers them.

<sup>8</sup> **Taste and see that the | LORD is good;**  
**happy are they who take ref- | uge in God!**

### \*Gospel: John 6:35, 41-51

*(please stand as you are able)*

<sup>35</sup> Jesus said to [the crowd,] "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.<sup>41</sup> Then the Jews began to complain about him because he said, "I am the bread that came down from heaven."<sup>42</sup> They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'"<sup>43</sup> Jesus answered them, "Do not complain among yourselves.<sup>44</sup> No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day.<sup>45</sup> It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me.<sup>46</sup> Not that anyone has seen the Father except the one who is from God; he has seen the Father.<sup>47</sup> Very truly, I tell you, whoever believes has eternal life.<sup>48</sup> I am the bread of life.<sup>49</sup> Your ancestors ate the manna in the wilderness, and they died.<sup>50</sup> This is the bread that comes down **from** heaven, so that one may eat of it and not die.<sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."